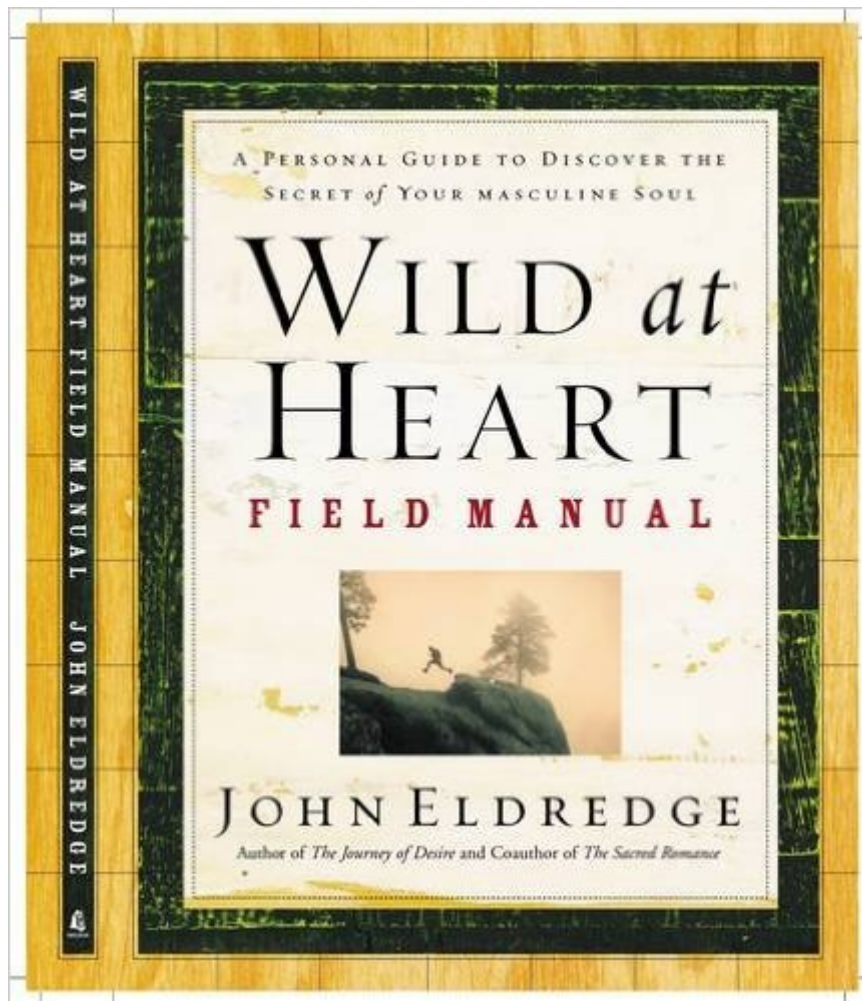


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# Wild At Heart Field Manual: A Personal Guide To Discover The Secret Of Your Masculine Soul



## Synopsis

In his book *Wild at Heart*, author John Eldredge thrust a generation of men, young and old, toward a journey to recover true masculinity—the soul of a man as God designed him. If you've already begun the journey, you know how thrilling—and hard—it can be. So you may have longed for a tool to maximize the impact, a guide to show the way. Packed with new information and insights, the *Wild at Heart Field Manual* guides you along "the road less traveled." Filled with probing questions, creative exercises, and space to record personal field notes, this companion volume is designed to transition you from reading about the wild heart to living from it. For too long, the call of Christianity to men has evoked no higher goal, ultimately, than becoming a "nice guy." No wonder many men are bored to tears with church. The hero instinct has been trained out of them. But Eldredge invites men to come alive again, to find their great battle, adventure, and beauty. If you dare . . . keep reading. Your life will never be the same.

## Book Information

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## Customer Reviews

My best friend gave me a copy of the *WILD AT HEART* book, which I breezed through in one day. It is interesting reading, and a welcome change from most of the Christian Men's ministry books on the market today. The author sounds like a guy you know, or maybe yourself. To illustrate his points, he uses examples from movies you've seen, not the few movies that earn the Christian seal of approval. This will be a sticking point with some hard-liners, and the author acknowledges this. Personally, I find this kind of writing accessible and I wish there were more like it. I thought the book lacked detail and practicality. It seemed almost too hypothetical or theoretical. That's where this *FIELD MANUAL* comes in. It is a thorough, thought provoking workbook which guides you through

each idea of the book. They should be sold as a set, or better yet, combine the two. This workbook makes the book better. Guys, if you are bored by your day-to-day, wondering if this Christianity is all there is, you should read this book. Modern Christianity does tame men from their innate longing for adventure and battle, which is the masculine spirit God purposefully created within us. To learn about this most basic element of our spirit which we have so far been taught is barbaric or sinful is incredibly exciting and somehow freeing. This book could truly add a provocative new element to your life.

I knew before starting this book that it was written for men, but because I had heard it spoken of so highly I felt that there must be some lesson in it for me, being a young woman. This book was incredible, not only in helping me to better understand men and what they desire and need, but also in understanding women and how God created us, and how if men will be men and women will be women, we will fit together in the blessed perfection that God created us. It is a wonderfully didactic, uplifting book that is firmly grounded in the Bible. It has been a blessing to me and my relationship as well as to my male friends to whom I loaned it.

I must admit that I am not one for the hype attached to books these days but this one knocked my socks off. I am a pastor of a church and have read many books. But this one really hit me where I live. I would highly recommend this book to anyone man serious about the life God created him to live. Eldredge takes you all the way back to creation and gives you your purpose while showing you how Satan has taken that away from you. If you read it you need to let your wife read it as well. Particularly chapters 1 & 2. It will change your life!

Eldredge's book, *Wild at Heart*, is a wonderful primer to journey deeper into the heart of a man. But if you are like me (sometimes a little slow on the uptake), you may need an extra push to press what you have read into life. That is what this work book offers—a chance to get the ideas off the pages, out of the book, through your brain and into your life. Most men have a harder time getting in touch with their feelings and the desires that flow out of a new heart in Christ. Now we have some solid, practical guidance that is rooted in faith and fidelity. As well, Eldredge brings some great correctives to criticisms leveled against *Wild at Heart*. Best book and guide I've seen in years and I use both in small groups. Hope you enjoy it.

I purchased "Wild a Heart" several years ago and found it to be an eye opening, near-life-changing

experience. This past summer I picked the Field Guide and started re-reading the book while working through the Field Guide with it. It made the experience even better. Eldredge is being attacked on some fronts for his perspective on what the Bible calls for men to do and be, but I thoroughly believe he is on the right track. And if you read the book and work through the Field Guide at the same time, I think you will be similarly impressed. The Field Guide truly enhances the learning experience of the book. The exercises are simple, e.g., list your favorite movies, but highly effective. If you haven't read "Wild at Heart," buy it and get the Field Guide with it. If you have read it, buy the Field Guide and read the book again in conjunction with the Guide. You'll be glad you did.

This is the field manual for the book Wild At Heart. Mine is very worn from having been worked through 4 times. This is a great resource if you are working through Wild At Heart, either by yourself or in a group. It will help you really examine and work through the book. This workbook is well laid out with lots of room for answers, and a number of little sections to help you on your journey as you work through it. Some of these supplemental sections are: A Break in the Clouds From the Map Warning! Dispatch Getting Your Bearings Each chapter which parallels the book, begins with a 'Gut Reaction' - what is your first take on that chapter in the book? This helps set the bearings for where you will go in that chapter. As you work through it you will be drawn deeper and deeper into the masculine journey. Eldredge begins each chapter with quotes that span church history and denominations. He must be one of the most widely read men I have encountered. He draws from that breadth of knowledge to show a variety of views on topics and tries to help you see where God is wanting to work in your life. The one drawback, if you use it in conjunction with the DVD curriculum, is that the DVD does not follow the book exactly, and with 12 chapters in the book and field manual that follow each other exactly, and 8 in the DVD, it doesn't seem weighted evenly. The Field Manual is indispensable if you are going to work through the DVDs and is a great supplement to the original book. For you, or other men in your life, this book will be a great tool on your journey to authentic Christian manhood.

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